

◊ 5TH ANNUAL ◊

# VICTORY AT YORKTOWN

10K ◊ RACES ◊ 5K

1 MILE FUN RUN



**Saturday**  
**April 6, 2019**  
**Yorktown Waterfront**  
**Yorktown, VA**



### Race Courses

- ◆ 10K through the historic Yorktown Battlefield Tour Roads & past Surrender Field
- ◆ 5K along the historic Main Street & Yorktown Waterfront
- ◆ 1 Mile Family Fun Run along the flat Yorktown Waterfront
- ◆ Water stations along route



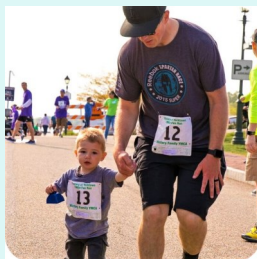
### Post-Race Activities

- ◆ Music
- ◆ Craft beer, wine, & soft drinks
- ◆ Food provided by Stratford University: Virginia ham biscuits, soup, pasta salad
- ◆ Awards ceremony and door prizes



### Enjoy Family Fun

- ◆ YMCA Healthy Kids Day activities (FREE)
- ◆ Visit local museums & historical sites, walk the beachfront
- ◆ 1 free scoop of Ben & Jerry's ice cream for ages 13 & under in Fun Run



All proceeds and donations enable the Victory Family YMCA to help families in our community. The Y is a 501c3 charity.

- ◆ **1st Race of the Inaugural Historic Triangle Triple Crown Series** - See website for details and recognition for each race
- ◆ USATF Certified 10K Course (VA-16011-RT)
- ◆ Chip timing system & mile splits
- ◆ Ample parking & restrooms

### Awards

- ◆ Top 3 in 5-year age groups in 5K & 10K
- ◆ Top 3 overall M & F cash prizes in 10K (\$100, \$75, \$50)
- ◆ Top 2 overall Masters in 10K (\$75, \$50)
- ◆ Top 2 overall race walkers in 10K

### Start Times

- 8:00am- 1 Mile Family Fun Run/Walk
- 8:30am- 10K Run
- 8:35am- 5K Run

**Finisher medals for all 10K and 5K finishers**

T-shirts guaranteed to those registered before March 21

These materials are neither sponsored nor endorsed by the York County School Division or this school.



**Register using this form (on the back) OR at**

**RunSignUp.com/VictoryYorktown**



## YMCA HEALTHY KIDS DAY, 8:30am to 11:30am

Healthy Kids Day features fun, active play and educational activities for the whole family, some with a Revolutionary War theme. All Healthy Kids Day activities are **FREE**.

### RACE REGISTRATION

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Gender: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_ DOB: \_\_\_\_\_

Address (Street, City, State, ZIP): \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Race Entered: 10K Run \_\_\_\_\_ 10K Walk \_\_\_\_\_ 5K Run/Walk \_\_\_\_\_ 1 Mile Fun Run/Walk \_\_\_\_\_

### ENTRY FEES

Received in mail, at YMCA, or online by 9:00pm on March 21- 10K: \$40 5K: \$30 Fun Run: \$5 (or \$12 with a shirt)

Received in mail, at YMCA or online by 1:00pm on April 5- 10K: \$45 5K: \$35 Fun Run: \$5

Race Day Registration- 10K: \$50 5K: \$40 Fun Run: \$5

Shirts and sizes guaranteed for registrations received by 9:00pm, March 21 in the mail, at the YMCA, or online. Shirts will be distributed while supplies last for entries received after March 21.

On-line registration ends April 4. Please note that RunSignUp.com applies an administrative fee for each runner/walker. If registering in person or by mail (no admin fee), make checks payable to: Victory Family YMCA, 101 Long Green Blvd, Yorktown, VA 23693.

Race packet pick-up from noon-6pm on Friday, April 5 at the Victory Family YMCA.

Technical T-shirt for 10K or 5K: Adult S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ XXL \_\_\_\_\_

T-shirt for 1 Mile Fun Run: YM \_\_\_\_\_ YL \_\_\_\_\_ Adult S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ XXL \_\_\_\_\_

### PLEASE READ AND SIGN THIS WAIVER

I know that running a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decisions of a race official to my ability to safely complete the run. I assume all risks associated with running/walking in this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat or humidity, traffic, and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting entry, I, for myself and for anyone entitled to act on my behalf, waive and release the Peninsula Metropolitan YMCA, volunteers & staff, York County, National Park Service, York County Parks and Recreation, the Colonial Road Runners and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the forgoing to use any photographs, motion pictures recordings, or any other record of this event for any legitimate purpose. **Strollers are allowed at the back of the starting pack. In consideration for the safety of all participants: headphones, animals, skate boards, or skates are prohibited. The races will be held rain or shine. There will be no refunds for weather, acts of God, or other occurrences.**

### ALL ENTRANTS MUST SIGN WAIVER

\_\_\_\_\_  
Signature (Parent or guardian if under 18)

\_\_\_\_\_  
Date

#### For more information, contact:

Michael Bennett, co-race director, 757.342.5338, michael.bennett@peninsulaymca.org

Tom Tragle, co-race director, 757.254.6599

Rick Platt, race coordinator, 757.345.1431, rickplatt1@juno.com

Or visit the website: [RunSignUp.com/VictoryYorktown](http://RunSignUp.com/VictoryYorktown)

Race Location: **Yorktown Waterfront Landing, 331 Water Street, Yorktown, VA 23690**